



HOLY TRINITY NEWS

NOVEMBER 2025



Gratitude-Release-Acceptance-Challenge-Embrace ***From the Rector***

Have y'all heard about the GRACE Trail at Hard'ack? It is a new feature that has been incorporated into one of the existing hiking trails. The purpose of it is to give those who walk it the opportunity to access inner wisdom, courage, and hope by providing space to pause, reflect, and reconnect.

Along it there are five places to stop – one for each letter in the word grace. At each stopping place there is a bench for you to sit if you wish and a sign inviting you to consider a question.

I took to the trail a few days ago. It was a lovely 45-minute wander through the woods on a beautiful fall afternoon in Vermont. I paused for a moment at each place and when I continued walking, I took each question with me and pondered it as I walked to the next. It was an active way to help me reflect and to consider anew the paths my life as taken as well as what I can and should release...and embrace.

I encourage you to take the time to walk this trail – it is well groomed and a relatively easy walk. Maybe we could do a group trip there one of these days! If, for whatever reason you cannot walk the trail, here are the questions for you to consider:

- What am I GRATEFUL for?
- What do I need to RELEASE?
- What do I need to ACCEPT?
- What is my next CHALLENGE?
- What can I EMBRACE as possible?

And here is a really cool part about this: this trail in St. Albans is not the only one! There are 10 of them across the country; 8 created during the pandemic. The one at Hard'ack is the first in Vermont! AND....you don't even have to "walk" one - it has been adapted for use in meetings and on retreats. Are you interested in finding out more about this movement? Check out this website: <https://gracetrail.com/> or this Facebook group: <https://www.facebook.com/gracetrailofficial/>

As we move into November, a time when we give thanks and start to think about what is coming as one year ends and another begins, this could be a good time to take a moment apart; walking outside, or sitting with your favorite beverage by a fire, with these five questions in your mind. *Kathleen+*

All Saints Day – Sunday, November 2

Mark your calendars! We'll be celebrating All Saints Day on Sunday, November 2. Please bring pictures of the saints in your life who are no longer with us. We'll place them on a table near the altar to remember them and they while they are not physically present with us, they make up the great cloud of witnesses who are with us always.

Stewardship – Tell Out My Soul

Christians are storytellers – we tell the story of the Good News of God in Christ with our beliefs, our actions, and our words. The last few Sundays we have heard from parishioners about some of the ways that Holy Trinity has spoken to them or how they have spoken out about Holy Trinity. Take time between now and November 23 to consider how you can share your Time, Talents, and Treasure with our community. Pledge forms are on the table in the narthex and on November 23 we will gather those in and pray over them. Yes, we ask you to make a monetary pledge for the year – it is what helps us build our budget in addition to our income from investments. And we ask you to give to the community in a variety of ways. So take the time to pray about how you can Tell Out Your Soul!

Inter-generational formation Dates and Topics ***During coffee hour in the parish hall***

November 16 – Holy Eucharist Illuminated: Did you know that each of the parts of our Eucharistic service have a name and a purpose? We'll play a card game to put them all the parts in order while we learn the names and purpose.

December 14 – Sacraments of the Church: What is the difference between a sacrament and a sacramental rite? How many are there? What do they actually MEAN? Join in to learn about these important parts of our spiritual journey as individuals and as a community.

Daylight Savings Time ends: Turn your clocks Back this weekend

Leanne & David Hill
Cordially invite all the people of Holy Trinity
To the Blessing of a Marriage
At 4 pm
Saturday, the 22nd of November
Holy Trinity Episcopal Church

Fellowship Happenings

The Craft, Tea, and Cookie group will meet on the 4th and 18th of November, and on December 2nd.

There are pillowcase kits with instructions available for people to take home and sew. Finished pillowcases are to be given to Helen Short and she will get them to Operation Happiness. This is a combined Fellowship and Outreach project.

The Blessing of the Marriage of Leanne and David Hill will be held on Saturday, November 22, at 4PM. A reception featuring potluck foods made by our parishioners will be held in the Parish Hall following the Blessing. Please let Helen Short 802-752-5497 or hshortvt49@gmail.com know what you plan to bring. Leanne and David have arranged for their wedding cake so desserts won't be needed.



ART WALL

Our October artist was Joanne Parah, whose specialty is mixed media and glass art. Joanne worked as a cosmetologist and in civil service but was always drawn to art. She took a stained glass class & acquired an interest in mosaic art. Inspired by nature, animals & spirituality. Stay tuned for the November Art Wall!

Hymn 420

How often, making music, we have found
a new dimension in the world of sound,
as worship moved us to a more profound Hallelujah
And did not Jesus sing a Psalm that night
when utmost evil strove against the Light?
Then let us sing, for whom he won the fight:
Hallelujah!

Let every instrument be tuned for praise!
Let all rejoice who have a voice to raise!
And may God give us faith to sing always:
Hallelujah!

NOVEMBER CALENDAR

Sat 11/1 Memorial Service for Charlie Moore, 11 am
Sun 11/2- Pastoral Care meeting, 9:15am
Mon 11/3- Outreach meeting, 9:00am
Tues 11/4- Fellowship Crafts & Tea, 2:00pm
- Choir Rehearsal, 7:00pm
Tues 11/11- Choir Rehearsal, 7:00pm
Thurs & Fri 11/13 & 11/14- Pies For Bonnie
Sun 11/16- Formation during coffee hour
Mon 11/17- Vestry meeting, 5:00pm
Tues 11/18- Fellowship Crafts & Tea, 2:00pm
Choir Rehearsal 7:00pm
Tues 11/25- Choir Rehearsal, 7:00pm
Thurs 11/27- Office Closed, Thanksgiving Day

Vestry meeting, Oct Highlights

Vestry elections: At our annual meeting on Jan 25 we will be electing three new vestry members as well as delegates for the 2026 Diocesan Convention. There will be nomination forms on the table in the narthex. You may nominate yourself or someone else (after you have checked with them to see if they are interested). Talk with Rev. Kathleen or any vestry member if you have questions.

The lease for Baby Spark has been renewed for another year. They have enjoyed being in our space and we are exploring other ways to partner with them.

Pies for Bonnie is upon us! Place your orders now with Mary Wood, Shelley Robtoy or by calling or emailing the office. Pies are \$15 each, available for pick up on Friday, November 14.

Creation of the 2026 Budget will begin soon
Rev. Kathleen will be out of town on Sun Nov 9th.
The Rev. Ann Boyd will be preaching and The Rev. Fran Stanford will celebrate.



Bonnie's Pie Fundraiser

Pies for Bonnie- Get your orders in before Nov 7th! This year's selection is Apple Crumb, Pumpkin, Peanut Butter, and Chocolate Mousse. \$15 each. Cash or check please. Checks can be made out to Holy Trinity Episcopal Church with 'PIES' in the memo line. Pick-up will be **Fri Nov 14th from 11-1pm**. This year, the profits will be divided between Safe Roots Collective - a domestic violence shelter and Afterglow - Suicide Prevention Program. To order contact Mary Wood, Shelley Robtoy, or Kiley

HOSPICE SINGERS NEEDED

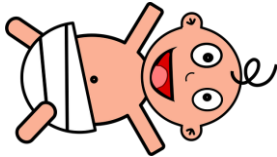
Volunteer With Your Voice

Starting Tuesdays in November, 1:30-3:30pm
First Congregational Church, St. Albans



Singing Group for People with Memory Loss
& their Caregivers

Weds, Oct 1-Nov 19, 11-1:50 am
CarePartners Adult Day Ctr
640 Franklin Park West



Diaper Ministry Update Open Mondays and Wednesdays 10 - 1

September, 2025

Hygiene products distributed: 207

31 visitors

33 wipes 2 large refills 42 diaper packs

October, 2025

Hygiene products distributed: 134

32 visitors

49 wipes 52 diaper packs



Open Door Dinners

Memorial Methodist Church

Fridays Nov 21

Nativity/St. Louis

Thursdays Jan 22, Feb 19, Mar 12

Holy Trinity

Thursdays Apr 23, May 28, Jun 25



If you are using the building after hours,
please double check to be sure the doors are
LOCKED when you leave. Thank you.



HOLY TRINITY'S

OUTREACH ADVENT PROJECT

This year, the Outreach Team has selected two programs to support through our Advent Tree Collection Project. You are welcome to select one or two envelopes to help support this project. One option is Heat for Homes through CVOEO and the other is Personal Care Items through the Diaper and Wipe Program. Please place your monetary donation in the envelope and place the envelope in the weekly collection or drop it off in the office mailbox. Thank You!



Youth Bakers Invited!

Please join other youth on Sat, Dec 6th from 10-12 to bake cookies and muffins for the Christmas Circus Activity on Sunday, Dec 7th from 1:00-3:00.

We will be making and glazing sugar cookies for children to decorate and making circus muffins for children to win in a Muffin March game that we will play on Sunday. So, invite a friend and join us for this valued and fun event! Following the baking times, we will be celebrating our time together with a pizza lunch. We are also looking for volunteers to help decorate and perform in our Great Astounding Circus Show!

Please note that these hours can be used towards your service hours for school.



Circus Christmas

Join us for an exciting event

Sun, Dec 7, 1:00-3:00 PM, Holy Trinity Church
Children under 5 years, need to be accompanied by an adult.

Games, Snacks and Prizes for Everyone
Bowling, Mini Golf, Bean Bag Toss, Musical Spots, Bingo, Face Painting, Snowball Toss
Mrs Claus & Elves will decorate cookies
Popcorn, Cookies, Animal Crackers, Juice

This is a free program sponsored in partnership with Swanton Recreation and Holy Trinity Church. We look forward to seeing you there!

Linda B's Nov. Angels Corner from the Heart
1 Someone thinks the world of you. Your angels know

2 Your smile makes every day brighter

3 Hope is the best habit to have

4 Believe in you. You have so many reasons to!

5 You are ready for success!

6 Dear angels in heaven, you're the kind of person people feel lucky to know

7 Picture. Plan. Do. That is how dreams come true.

Do not forget to entertain strangers for doing so, some people have entertained without knowing it angels in heaven

In the Bible, every time an angel visited Earth people sat up and paid attention. The presence of angels naturally led people to thanksgiving & praise

Let's take a moment right now to pay attention to one beautiful thing around us

Dear Lord, as the luminous sky holds a million scattered stars that illuminate the world. It's with our angels

God can take even the smallest acts of kindness one never sees but can help us grow with love

We all can hope to have voices of angels and sing his praises loud and clear

Everything you could lose in knowing Jesus is worth everything you will gain in knowing Him.

Our angels tell us so

Praise Him sun and moon

Praise Him with our angels all you shining stars

Praise Him you highest heavens & you waters above the skies

Let them praise the name of the Lord

For He commanded & the angels were created

We can put our lives on "cruise control" with the angels

Let go & let the angels send us to a better place

I will sing of the Lord's unfailing love forever!

Young and old with our angel is enduring forever

Angel is the only word in the language that can never be worn out

If there is ever a shortage of angels, I'll share mine with you

Revel in the divine presence of an angel. It's wonderful.

Lord, when we long for life without difficulties, remind us that oaks grow strong in contrary winds and diamonds are made under pressure

Be kind to someone today



NOVEMBER BIRTHDAYS

6 John Farr

7 Eleanor Wirts

8 Madeline W. Martin

10 Marcalah Whalen

13 Ellen Lamos

14 Molly Hartman Lontine

17 Emmitt Dittmar

26 Jacob Greenia, Eagan Murphy



In New Life

Oct 17 Charles "Charlie" W. Moore

May he rest in peace & rise in glory

Just Married

Oct 18 Sarah Robtoy & Johnathan Young



Wedding Blessing

Nov 22 Leanne & David Hill



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