



HOLY TRINITY NEWS

FEBRUARY 2025



Black History Month - From the Rector

February is the shortest month of the year and also Black History Month (also known as African-American History Month). This commemoration takes place each February in the United States and began in 1976.

Did you know that this began as a week in 1926? It was begun by Carter G. Woodson and members of the Association for the Study of African American Life and History. The week in February was chosen because of its closeness to the birthdays of U.S. President Abraham Lincoln and African American orator and abolitionist Frederick Douglass. For 50 years it grew in popularity across the United States and the civil rights movement contributed to its popularity. In 1976 it was expanded to become Black History Month with President Gerald Ford urging participation in its observance.

When I was 8, about the same time that Black History Month was created, I found and borrowed a biography on Harriet Tubman in the school library. I have no idea how many times I read that book – but I do know that she absolutely fascinated me and became one of my heroines even before I knew what that word truly meant. My life was so vastly different from hers that I couldn't quite comprehend it all. I read this biography over and over at a time when my best friend was a dark skinned girl with a big laugh, a love of life, a desire for justice, and braids that I envied.

That book and that friendship, along with later relationships and education went a long way to shaping how I interact with others. I've read other books, watched movies, and had conversations with those who are different from me in my adult years to expose me to other parts of the world – things that I cannot know or fully understand because they are not my lived experience. Every time I am struck by how much God loves each and every one of us. It reminds me that we are all, every last one of us, created in the image and likeness of God. So – if anyone is curious – here are a few movies and books and stories I can recommend as worth your time. It is by no means an exhaustive list. But it is one that points to the contributions and stories of those who have long

been marginalized in so many ways. Some of them tell stories that many of us have never heard – because they may not have been taught in school. I believe that knowing these stories helps us to remember that we are far more alike than we are different. *Kathleen+*

Movies: Harriet (2019); The Six Triple Eight (2024); Hidden Figures (2016); 13th (2016)

Books: *The Color of Compromise*; Jemar Tisby; *Between the World and Me*; Ta-Nehisi Coates; *Letter from the Birmingham Jail*; Martin Luther King, Jr.

Historical Events: The Tuskegee Airmen; Katz Drugstore Sit-in Protests; Kelley V. Board of Education; Bacon's Rebellion; The Birmingham Children's Crusade; The Bridgett "Biddy" Mason Case; Juneteenth; Black Wall Street Massacre

Events in Lent

Believe it or not, Lent is fast upon us. There are a few things planned – and a few things still in process but here is a taste of some of what is coming. Mark your calendar where you can.

***Tuesday, March 4**, Shrove Tuesday Pancake Supper: 5pm. We'll enjoy some good food, laughter, say good bye to Alleluia, and just have a wonderful time together.

***Wednesday, March 5**, Ash Wednesday: there will be an evening service for certain and maybe something else.

*Adult formation - Two different things will be happening.

*Video recorded each week and posted to our YouTube Channel and Facebook page by Rev. Kathleen. This will focus on a book called "River through the Desert" by Richard Sewell. You do not need the book in order to enjoy the videos.

*Book study using "Turning Over Tables" by Kathy Escobar. The parish office is ordering some copies of the book and we will meet once a week to discuss portions of it. This will most likely take place on Thursday evenings.

***Holy week:** Many events all week beginning with the service on **Palm Sunday, April 13!**

***Easter Sunday, April 20**

Stay tuned for all more details as the dates get closer!



TAIZE SERVICE,

Sun, Feb. 2, 2025, . 7:00-8:00 pm

At St. Paul's Cathedral, Burlington, Free parking.

Come, bring friends to share in this service of sung and spoken prayer, meditative readings from Scripture and other sources, along with silence, to allow ourselves space to slow down and simply 'be'. Selections primarily from the Taize Community in France supply the musical framework for this service. Icons and candle lighting provide additional conduits to join our minds and hearts in prayer for ourselves, the community gathered, our nation and world.. Be with us, in person or via YouTube link, for a time of quiet contemplation and the opportunity to connect with The Holy One. We will observe Candlemas and The Presentation of the Infant Jesus in the Temple. You'll find a link to the Taize Bulletin (available in the week before the service) and YouTube stream at stpaulscathedralvt.org. Stay warm and well.

Vestry Update, Jan 13 meeting

- Approved St. John's 4-year plan
- Request to add coffee hour clean-up helper to liturgical schedule
- Approved 2025 budget



Thank-You

I am so grateful to my church family for your kindness, prayers, support, hugs, and more- too many to mention- for the past year and beyond. Thank you each & every one of you.

Love to all,
Mary Gladden



Open Door Dinners

Nativity/St Louis Roman Catholic

Thursdays Feb 27, Mar 27, 5:30 pm

Holy Trinity Episcopal

Thursdays, Apr 24, May 22, Jun 26

UPCOMING EVENTS

Sun Feb 2 - Pastoral Care Meeting, 9:15am

Tues Feb 4 - Choir Rehearsal, 7:00pm

Thurs Feb 6- Aging with Grace, 11-1

Tues Feb 11- Choir Rehearsal, 7:00pm

Thurs Feb 13- Aging with Grace, 11-1

Mon Feb 17- OFFICE CLOSED

Tues Feb 18- Choir Rehearsal, 7:00pm

Thurs Feb 20- Aging with Grace, 11-1

Tues Feb 25- Choir Rehearsal, 7:00pm

Thurs Feb 27- Aging with Grace, 11-1

Open Door Dinner, Nativity, 5:30 pm

Tues Mar 4 - Shrove Tues Pancake Dinner

Wed Mar 5 – Ash Wednesday



ART WALL

We welcome Marie Speer for the month of February with her quilts. We know Marie from kitchen duty upon a number of occasions over the years. Welcome Marie. And thank you, Neal, for your hanging skills.



Aging With Grace

Aging with Grace, a special presentation series with Susanne Melling at Holy Trinity. Feb 6th, 13th, 20th, 27th, at 11:00am followed by a luncheon at noon. Please RSVP by emailing Kiley at office@holyltrinityswanton.org or by calling 802-868-7185.

Feb 6: Intro & factors that can affect aging

Feb 13: Healthy Living for your Brain and Body

Feb 20: 10 Warning signs of Alzheimer's

Feb 27: Resources and Support



Gluten Free Coffee Hour

Thank you Margaret & Kathleen for modelling for us how easy it is to do a totally gluten free buffet. Wow! Thank you



Holy Trinity Episcopal Church Service Scholarship

It is with great excitement that your Holy Trinity Outreach Team continues to offer annual scholarships to area youth.

The Holy Trinity Episcopal Church Service Scholarship is open to all area students who are in pursuit of a higher education. Candidates for this scholarship must have demonstrated a commitment to service in their community. When possible, one scholarship will be offered to a present Holy Trinity Parish Member.

Each year, Holy Trinity will offer at least two \$1,000 scholarships to individuals who apply and demonstrate successful completion of service projects which have benefited the greater community within Franklin County.

These scholarships will be awarded upon successful completion of a first semester or after documentation of completion of an alternative program.

On January 5th, we presented the 2024 scholarships to Leah Fitzgerald and Rachel Ledoux. At our presentation of scholarships blessed to hear about both of their programs of study and the work they are doing in their college communities.

We have also received follow-ups from the 2023 scholarship recipients, and you can read their updates below.

Abigail Raleigh: I'm currently in my second year of degree. I changed my major last year to dental hygiene and I am loving it very much. It is a 4-year degree and I decided to switch from Pre-PA because I decided that that was not the path for me when I got here and I am very glad to have switched. I'm still in healthcare, which I am very happy about. Currently, I'm volunteering at the local soup kitchen and donating blood. I am part of a bible study club and we are just starting up this semester. This year has been the most academically challenging for me and it has taken up a lot more time than I anticipated, but everyone says sophomore year is the hardest! I hope everything is going well with you!

Connor Nielsen: Hello everyone! I hope all is going well. I am currently in my 2nd and final year of college for radiologic technology within the medical field. As of now, I am doing a clinical rotation over in Malone, New York at the Alice Hyde Medical Center. I am enjoying my education and helping the people within the community in any way I can.

When the semester ends, I hope to have a position at one of our surrounding medical centers to help the people within our communities. Nothing is out of the question for me so I'm still open to the many opportunities in front of me. Thank you for all of your support and I hope to see you all soon.



Our Outreach Team is beginning a new outreach program to create a community diaper/wipe bank. We invite anyone who would like to pick up a box of diapers or a package of baby wipes. All sizes are welcome!

Reasons for Promoting a Diaper Project:

- ❖ Help Families in need and strengthen a community knowledge of diaper needs
- ❖ Many families can't afford diapers or lack the ability to have a washer & dryer to use cloth diapers
- ❖ Having access to these essential items promotes healthier children
- ❖ Brings awareness that most states and national safety-net organizations don't supply diapers as a basic need

Are you in need of diapers and/or wipes?

Did you know that there is an assortment of diapers and wipes at no cost?

Opening on February 3!!!

They are Available at Holy Trinity Church

Come between 10:00 a.m. and 1:00 p.m.

Mondays and Wednesdays

Ring the doorbell and someone will help.



Martha's Kitchen needs for February

heads of lettuce cucumbers
tomatoes

Please put items in chest in the narthex
Don't worry about things spoiling, I will check the chest often



Foot Care Clinic

The Northwest Vermont Medical Reserve Corps and the Abenaki Tribal Council will hold a foot care clinic on Friday, February 21 from 10 AM to 1 PM. The Abenaki Tribal Headquarters is located at 100 Grand Avenue. Please call 802-752-5497 for an appointment. Walk ins will be served as time allows. Bring your own towel and pumice stone.

Linda B's February Angels Corner
from my heart

1. Angels still say one of the best gifts you can give is your smile
 2. No one is more important than you are
 3. There is so much more you can do
 4. Angels say every day you need to move forward
 5. Hope is always on call
 6. You make life sweeter
 7. Angels say love this day & it will love you back
- There isn't a valley low enough that an angel can't carry you through it.

Angel is the only word in the language which can never be worn out

I'll gladly share my angel with you anytime
Believers look up. Take courage. The angels are nearer than you think

However many angels there are, their numbers certainly never increases or decreases. We have noted that angels do not die, nor do they propagate and give birth to baby angels. The number of angels remains perfectly constant at all times
Throughout the ages, angels have been messengers, protectors, healers, comforters & more to the people of God. Sometimes their presence is as subtle as a whisper of wind. Other times as visible as the sun.

A bold attitude is like a flat tire says my angel. If you do not change it, you will not go anywhere
An angel says Do not let Sunday be taken from you. If your soul has no Sunday, it becomes an orphan
My angel says

Dear Lord I am sorry that I often treat my prayers like a grocery list. Instead of thank-fulness and joy permeating my prayer, I am too caught up in the things I want. I should know by now that You satisfy the desires of my heart. Thank you for your patience and your constant presence in my life. You O Lord are my Joy. Amen
Charity begins at home but it should not end there.

My angel agrees that together with God's people I'm united in adoration of the Father. It is as necessary to the Christian life as prayer.



FEBRUARY BIRTHDAYS

- 2** Cindy Monahan, Ayen Abui
3 Steve Marshall
13 Steve Vittum
28 Adam Longe



FEBRUARY ANNIVERSARIES

- 4** Doreen & Randy LaFlam
22 Katherine & David Winchester

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Sexton: James McDonald 582-5596

Cleaning Services: Jill Walsh

AV/Tech: Lincoln Buczkowski

Rector's Office Hours

Tues: 2 - 7pm Weds: 2 - 4:30pm

Thursdays: 8:30 - Noon; 2 - 4pm

Friday is a Sabbath day away from work, including emails. If there is a pastoral emergency please call my cell phone 301 848-6069