



HOLY TRINITY NEWS



MAY 2022

May Newsletter HTC Senior Warden Report

Happy Easter! As you are all likely aware Fr. Rob will be on sabbatical through early September. Please join me in welcoming Mother Ann Boyd as she fills in for Sunday Worship and Pastoral Care needs for the next few months. I wanted to share with you all the Vestry's priorities over the next few months as well as some general issues during this time. The Vestry will continue to do the work of the parish with monthly meetings and regular communication from Vestry representatives with the various commissions across HTC. Mother Ann will join the Vestry at our monthly meetings. Kiley will continue to be in the office to manage the day to day operations and will be the first point of contact for any needs within the parish. Adam and George will manage all buildings and grounds needs along with support from James. Please call the parish office during normal business hours. There will also be information on the voice mail for after hours contact. Mother Ann will be available for pastoral care emergencies. Please feel free to contact myself or any vestry member should you have any questions during Fr. Rob's sabbatical.

Sarah Nielsen

Trash to Treasure

Holy Trinity will join the community-wide garage sales on Sat, May 21, 9:00-3:00 with our Trash to Treasure sale. You may start bringing stuff to the Parish Hall after May 2nd any day that Kiley is working during regular business hours. Note that there will be no drop off of large appliances, large pieces of furniture, book collections, or old electronics. Set up will be the Thursday and Friday before.

Greetings to all who call

Holy Trinity their Spiritual home

I am happy to be with you during Fr. Rob's sabbatical. My duties are few: a) being responsible for Sunday morning celebration of the Eucharist and offering a homily, b) being available for pastoral care. I will attend vestry meetings as a resource person. I thought you might like to know a little about me. My first vocation is teaching. I taught genetics, virology and bioethics at Hood College in Frederick, Maryland for 45 years, retiring in August 2021. I was ordained priest in 2005, a second vocation. I served as rector of a small family parish, and subsequently for a large program church until I reached mandatory retirement. My wife, Fran and I moved to Vermont during COVID, resulting in limited opportunities to get to know many people here. Fran is a retired Episcopal Priest, currently serving as a companion to Bellows Falls Emmanuel Church. We have two yellow Labradors who keep us active. While Fran does agility competition with both dogs, I love to be on the water, fly fishing. I look forward to being your supply priest this summer.

Ann Boyd +

Name Tags

Father Rob would like parishioners to begin wearing their name tags again- for visitors, and for Ann Boyd who will be joining us while Father Rob is on sabbatical. If you do not have one please let Kiley know and she can get one made up for you.

Upcoming Events

May 2, Mon – Outreach Mtg, 4 pm

May 9, Mon – Vestry, 5 pm

May 21, Sat – Trash to Treasure sale, 9 am-3 pm

May 26, Thurs – ASCENSION DAY

May 30, Mon - Office Closed

Jun 5, Sun – PENTECOST

Jun 12, Sun – TRINITY SUNDAY

Jun 26, Sun – 10 am, Red , White & Blue Sunday at St. John's, Highgate

Psalms - the Prayer Book of the Bible
by Dietrich Bonhoeffer

This was the book study for 5 weeks during Lent. We divided into groups of 2 or 3 and each group presented 3 or 4 chapters. We met Sunday after church from 11:00 to 12:00.

Group 1, Fr. Rob and Kay presented a chronological history of Bonhoeffer, and how the psalms are set to music and how a fugue is presented right side up and upside down.

Group 2: Bev, Linda, and Betsy presented on the television the sound of a lyre similar to one that may have been played by King David over 2,000 years ago. - We learned the little asterick in a psalm is called a "selah" and that the second half of a verse is a copy in different words of the first half of the verse. - We learned King David wrote most of the 150 psalms. Betsy shared some history and stories of Ukraine and her husband Roman's early years in Russia.

Group 3: Mary Hartman, Wally and Sandi shared in the reading of psalms with understanding of the reading in relation to creation, law, history and the Messiah.

Group 4: Mary Wood and Christie presented a reflection on The Balanced Life (next column)

Group 5: Natalie and Lynda presented psalms set to music. We sang psalms from the hymnal and watched 2 psalms sung in Godspell and one by the Mills Brothers.

Seder To-Go

36 people signed up for Seder To Go, and a great team cooked the turkey and lamb, prepared the potatoes and peas, and packed the cranberry sauce, mint jelly, bitter herbs, stuffing, etc. into brown bags for the Seder dinner to be eaten in each home. And it was topped off with a chocolate covered matzo. All bags were delivered or picked up at church on Maundy Thursday.

Vestry at a Glance

April 4th, 2022

- Outreach will allocate \$1000, to add to the collected money from the parish, to donate to 'Stand with Ukraine'.
- Runners to protect the parish hall floor, to be used during events, will be purchased.
- 5 additional air purifiers will be purchased. (4 for the parish hall & 1 for the upper room)
- Sue Hogan will continue as supply musician throughout Father Rob's sabbatical.



Our 7th Annual Event will take place here at Martha's Kitchen, 139 Lake St., St. Albans. Tickets purchased before the event date will be \$20. each. Empty Bowls is an international grassroots effort to raise both money and awareness in the fight to end hunger.

This will be an Indoor Walk -through Event. On the day of the Event, ticket holders enter the Main Dining Room and choose a handmade ceramic bowl. They will then proceed to the Main Kitchen and choose from a variety of different homemade soups, and desserts all made by local volunteers. Get your tickets online or stop by The Kitchen. Open every day between 9 a.m. and 1 p.m. The tickets are \$20 each when purchased before the Event. Tickets will also be available at the door on the day of the Event for \$25.00 each.



Balanced Life

B- Build your life around Christ

A- Accept humanity

L-Limit my labor; make time for things besides work

A- Adjust your values for better balance

N- Nourish your inner life; God within you

C- Commit your daily schedule to God

E- Enjoy the moment

Calling all kids who like to cook. You are invited to attend Holy Trinity's cooking camp!

Calling all kids! You are wanted to help explore the bible and join our **Food Truck Party** by attending HTC Cooking Camp during the week of July 25th-29th. from 9:00-12:00 each day. Camp is open for children who have completed kindergarten and older. Our focus will be on cooking yummy items that are simple and easy for children to make and include nutritious ingredients.

Throughout the week, young chefs will learn about kitchen safety, presentation, and serving while making breads, snack items and cooking a main course meal. Campers will explore nutrition and wellness.

As part of our, **Food Truck Party** theme, we will explore ways people can work together to make our world a better place while focusing on five various stories of the bible. Campers will prepare and bring a take home dinner for their families the evening of July 29th.

Camp tuition will be \$50. Each camper will get an apron, t-shirt, cookbook and several art activities, snacks each day, and a take home family dinner on Friday.

Cooking camp will be open to the first 24 registrations. Please make sure to complete registration form and return to Mary Wood by 6/10/22. The camp will be limited to 20 campers.

Registration Form (Please return to Mary Wood by 6/10/22)

Name _____ Age _____

Parents' _____

Names _____

Address _____ Phone _____

Emergency _____

Contact _____ Phone _____

Person providing transportation _____

Food Allergies _____

I give permission for walking field trips _____

I give permission for photo release yes no Sign _____

Mail registration & payment: Mary Wood

19 Country Club Estates

Swanton, VT 05488

Questions? 802 524-5446 golfwoodmd@comcast.net



Fitness classes w/ Molly Hartman
In the basement of Holy Trinity every Mon,
Wed, & Thurs @ 6PM; Sat. @10:30AM.
Walking with weights on Sunday's at 8AM.
Contact Molly at 802 782-3033.

Fellowship

Red, White, and Blue Sunday: Red, White, and Blue Sunday on June 26th at St. John's, Highgate. Plans would be for everyone to bring their own picnic lunch, chairs, blankets and lawn games.



ABENAKI NATION OF
MISSISQUOI

1200 Grand Avenue Swanton, VT 05488

April 21, 2022

Kway Murphy,
(Greetings)

Maquam Bay of Missisquoi, Inc. thanks you for your generous contribution to the Abenaki Nation of Missisquoi. It is because of active and caring community members such as yourselves that we are able to continue serving our community providing essential and emergency assistance.

This letter will also serve as a receipt for your tax purposes. Maquam Bay of Missisquoi, Inc., a public non-profit tribal entity serving in the State of Vermont, acknowledges the receipt of your monetary donation, valued at \$ 1000.00 for the purpose of supporting the Abenaki Food Pantry.

Again, we thank you for your charitable contribution, please carefully review IRS publication 526 for detailed information of charitable contributions, deductions, limitations and record keeping requirements. If you have received any benefits or service for your charitable contribution, please review IRS publication with your tax advisor. You may only deduct the charitable contribution, which is more than the benefit received. Please contact your tax advisor directly for tax advice with respect to this charitable contribution.

Sincerely,

Chantel Bockus

Chantel Bockus
President, Maquam Bay of Missisquoi

Chief Richard Menard

Abenaki Nation at Missisquoi Tribal Council

Abenaki Nation at Missisquoi Tribal Council
Maquam Bay of Missisquoi Inc.
100 Grand Avenue, Swanton, Vermont 05488
802-868-6255
www.abenakination.com

Holy Trinity Episcopal Church,
Thank you fo your generous donation in support
of our annual Spaghetti Supper. Your
thoughtfulness is very much appreciated on
behalf of the St. Albans Town Firefighters
Association.

Jay Sweeny

Thank you for all your support. The people
experiencing homelessness greatly appreciate it!

Sincerely,

The Samaritan House

Fr. Rob,
Thank you so much for your support of our growing ministry project on this side of the border. Your leadership in Vermont is always an inspiration to us folks over here. Blessings for Holy Week and Easter.

Fr. Tyson

Hallelujah (The Great Storm Is Over) -Bob Franke

Refrain Hallelujah! The great storm is over.
Lift up your wings and fly.
Hallelujah! The great storm is over.
Lift up your wings and fly.

The thunder and lightning gave voice to the night.
The little, lame child cried aloud in her fright.
Hush little baby, A story I'll tell
Of love that has vanquished the powers of hell.

Refrain

Sweetness in the air and justice on the wind.
Laughter in the house where the mourners had been.
The deaf shall have music. The blind have new eyes.
The standards of death taken down by surprise.

Refrain

Release for the captives, an end to the wars
New streams in the desert, new hope for the poor
The little lame children will dance as they sing
And play with the bears and the lions in spring

Refrain

Hush little baby let go of your fears.
The Lord loves his own and your mother is near.
The child fell asleep as the lantern did burn.
Her mother sang on till her bridegroom's return.

Hallelujah! The great storm is over.
Lift up your wings and fly.
Hallelujah! The great storm is over.
Lift up your wings and fly.



MAY BIRTHDAYS

- 7 Daniel Wood
- 8 Dick Hersey, Dawn Sparling
- 9 Steve Trushaw
- 10 Jessica Dittmar
- 11 Kyle Trushaw
- 14 David Wood , Samson Kenyon
- 17 Jenna Garrison
- 22 Theodore Dittmar
- 23 Hawkins Spainhour
- 26 Duncan Hadd,Alex Wirts,Julie Charland
- 28 Joshua Gagne
- 30 Jon Nielsen



MAY ANNIVERSARIES

- 25 Lou Anne & Daniel Wood



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