



HOLY TRINITY NEWS

January 2020



Father Rob's Reflections January 2020

Dear Holy Trinity family,

You know there are just sometimes in the year that one “must” go to Church. Those include Christmas, Easter, Pentecost, the Bishop’s visit, and of course the Annual Meeting. Now, of course Church is always on the priority list as the fellowship and worship serve to mold us, shape us, and develop in us that sense of relationship and care that comes from investing in community. However, in January, aside from the usual Sunday worship, there is always Annual Meeting. This Year it takes place after the ONE service at 9am. This meeting on January 19th over a lunch after the 9am service is that one time of year that the whole congregation comes together to learn of the many ministries that we have shared for the past year. Reports are given and submitted for you to read from me, the Vestry, staff and other leaders. The slate of those sensing a calling to Vestry, or Convention delegate, etc. are selected. And you select them. Well, God does, and we listen. Like voting in our civil elections, this is a critical time to be a part of something bigger, the Church, that is not the buildings or institution; but all about us, the People. And so we participate. We support the church financially with time, talent, and money; so that we have a place to worship--a house of worship if you will. Thus we have an institutional organization that allows us to meet and be open to the public, and from which we are equipped and sent to minister to the world about us. The buildings aren't the point, but they serve as our training facilities for ministry, so to speak. The staff walk alongside you to make all that we envision with God come to pass.

So for your calendars, please mark January 19th, 9am for your priority list. Come one. Come all. I look forward to seeing you. Of course, we hope all will come, including our young ones. If you desire the younger members to have some activities downstairs with trusted folk, let me know.

P.S. Listen out for fellowship calling all Trinitarians to share some of your wonderful food for this event.

In Christ's love,
Father Rob



January Events

January 13th (Monday) – Vestry 5:30pm-Upper Room

January 19th (Sunday) - Annual Meeting- One service ONLY 9am Service, with brunch over annual meeting in the Parish Hall.

January 20th (Monday) – Office closed for MLK Day.

December Vestry Meeting

December 9, 2019

- 2020 budget voted on & approved
- External audit is complete & under estimate by \$4000. Finance will review audit & present to vestry in Jan
- Outreach raised \$1125 on Pies for Bonnie event. Proceeds went to friends of Wildlife Refuge
- Remodeling work on 1st floor apartment is almost complete. Rental availability Jan 2020 is our goal.
- All Committee Annual reports must be typed and emailed to Casey by Jan 3, 2020.



Adult Christian Education

The adult book study group will continue with The Divine Dance after a hiatus for Advent & Christmas. The first class will be Sun, Jan 12 at 11:30 following coffee hour. We will not meet on Jan 19 because of Annual Meeting,

Proposed readings are:

Session 1: p121-131 Warm-up

Session 2: p131-139 Judgement, Anger

Session 3: p140-151 Alternatives

Session 4: p152-166 Prayer

Session 5: p167-181 Presence

Session 6: Part 3 p185-194.



Congratulations to Joe Cava who graduated with a Masters in Historic Preservation at UVM's December commencement.

Season of Light

Perhaps now more than usual, it may feel that there is much about our lives and the world around us that feels challenged, even troubled. Despite our unease, or distress, one thing is certain, we need not let that darkness overcome us.

In this Season of Light, we are each given the unique opportunity to discover or rediscover that marvelous Light that resides in each of us. And we are invited to realize its amazing capabilities to illumine the darkness around us. Wherever you are in your personal journey, and despite the chances and changes that may buffet you, may you recognize and know your own marvelous Light intimately. And in your discovery, may your witness lead others to see the Light that is in you!

In my faith tradition, at the distribution of the Sacrament during what many refer to as Holy Communion, there are usually young children who come forward to receive, independently or with parents or siblings, a prayer and blessing. Sometimes they are shy with heads bowed. At other times they are eager with enthusiastic smiles. As I place my hand upon their head, this is what I usually pray: "Bless you, my child, in the name of the One who creates, redeems, and sustains us all. May you be a Light to the world, and may the world see the Light that is in you."

I did not fully appreciate the power of these words until a parishioner came to me to express gratitude for the prayer I offered her child. "When one of his playmates tried to put him down," she offered, "he told his playmate that he was given a Light for all the world to see. That Light," he said, "made him special, and whatever he was called, he knew that the Light would not go out." I was speechless, even a bit teary eyed.

Imagine, if as adults, we understood as this young child seemed to understand, that our Light – whatever our tradition, belief, unbelief, ethnicity or culture, gender, orientation, or identity, age, brokenness or wholeness, whatever our abilities, gifts or talents, whatever our station in life, stranger or neighbor – the Light in us, makes us unique, and remarkable, and unconditionally loved, even when we may feel that we are not, or others try to suggest that we are not.

May we all rejoice that this Season reminds us to celebrate Light, Life, Love, and the victory of good will and generosity of the spirit over self-indulgence. – The Rev. Douglas A. Greenaway, President & CEO, Nat'l WIC Assn



Franklin/Grand Isle
Community Addiction Workshops
Holy Trinity Hosts
“Community Addiction
Workshops” Series
Beginning Feb 18th

The Holy Trinity Recovery Ministry welcomes Dr. Ed Haak and his Team to present a series of ten “Community Addiction Workshops” in the Parish Hall beginning Feb. 18th, 2020. The Workshops will provide community members educational material to help answer the questions of “How, Why and What” physically, neurobiologically and psychologically happens in people suffering from addictions; in simple, understandable terms and concepts.

Dr. Ed Haak practiced Emergency Medicine for 35 years and was the Medical Director of a number of Emergency Departments across the country before coming to St. Albans and accepting the Directorship of the Emergency Department at Northwestern Medical Center. He later transitioned into a full time addiction medicine practice at the Comprehensive Pain Program at NMC. In 2016 Dr. Haak joined the Northern Tier Center for Health (NOTCH), and became their Medical Director, and established the Swanton Health Center’s “New Day Treatment and Education Program”. While at New Day, Dr. Haak placed a strong emphasis on treating his patients with caring and compassion, and attempted to use common understandable terms to explain their disease, injury, and treatment. It is with that same commitment that Dr. Haak created a basic “Curriculum” that he used to help his patients better understand their disease of addiction. He will now attempt to share that same core understanding with the general community in a series of ten Community Addiction Workshops, beginning February 18th, at our Holy Trinity Episcopal Church in Swanton. Through this experience, Dr. Haak is hoping to build a reproducible framework that rural communities may use to organize, and empower individual community members to become active players contributing to a system supporting its citizens suffering from the disease of addiction.

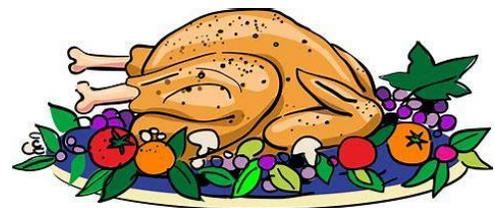
During the series of Workshops, community members will learn about body and brain changes that happen with addiction, why people suffering with addiction can’t “just say no”, how community members can help fight addiction, what it is like living with an addiction, and how Narcan overdose kits work and actually get them. Each Workshop will cover a different topic in the series. Workshop educational sessions will be held from 6:00 – 7:30pm, and then Narcan overdose kit training and distribution will be held from 7:30 – 8:00pm for those interested. Workshops are free, and everyone is welcome. Light refreshments will be available. The sessions will be filmed by Northwest Access TV, and made available on the Workshop website.

For specific Workshop dates and more information, visit the website at:
www.drhaakworkshops.com



Thank you

Thank you for all those who helped set up and brought food for both receptions on Christmas Eve.



Open Door Dinners
Weds, Jan 29, Feb 19, Mar 25
Church of the Nativity
Thurs, Apr 30, May 28, Jun 25
Holy Trinity



Week of Prayer for Christian Unity

Sunday January 19, 4:00 p.m.

Faith United Methodist Church

899 Dorset St., South Burlington, VT

All are invited to the Vermont Ecumenical Council's annual observance of the Week of Prayer for Christian Unity on Sunday, January 16 at 4:00 p.m. The event will take place at Faith United Methodist Church, 899 Dorset St, South Burlington, VT. The Rev. Jill Colley Robinson, district superintendent, Vermont district, New England Conference United Methodist Church, will be preaching.



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JANUARY BIRTHDAYS

- 1 Lorie Bullard
- 3 Jackson Gagne
- 4 Paul Leduc
- 14 Marc Poissant
- 17 Majuch Kenneth Abui
- 18 Brigit Reyes – Our Little Roses
- 19 Shirley Barratt
- 20 Audra Lovelette
- Tony Martin Spainhour
- 25 Eadoin Murphy
- 26 Marie Barnier
- 27 Alex Longe



JANUARY ANNIVERSARIES

- 4 Beverly & John Monteil



In New Life

- 8 Dec Patricia Stata Helfrich
Molly Comeau's sister

- 3 Feb 2019 Roy Horner

We received word from Roy's widow, Norma, that he died last year . They lived in Quebec & attended the 8 o'clock service in the summertime

May the souls of the faithful rest in peace
And may light perpetual shine upon them